

Daily Gratitude Journal

Daily Affirmations: IAM...

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3 Amazing things that happened yesterday...

1.
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2.
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3.
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I am grateful for...

1.
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2.
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3.
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What did I learn from yesterday?

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What would make today great?

1.
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2.
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3.
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My motivation for today is...

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Today's joy is... ..

